



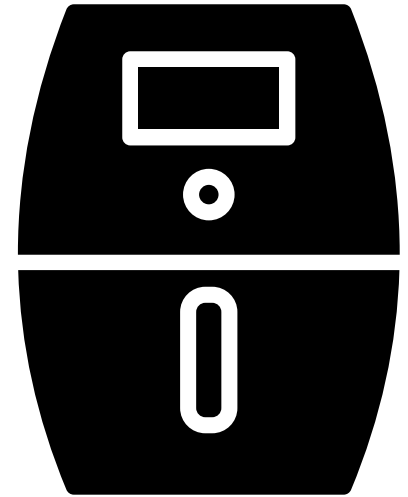
# CONVERSION CHART

## OVEN

10 Minutes  
15 Minutes  
20 Minutes  
25 Minutes  
30 Minutes  
35 Minutes  
40 Minutes  
45 Minutes  
50 Minutes  
1 Hour

## AIRFRYER

8 Minutes  
12 Minutes  
16 Minutes  
20 Minutes  
24 Minutes  
28 Minutes  
32 Minutes  
36 Minutes  
40 Minutes  
48 Minutes



## OVEN

180C / 350F  
190C / 375F  
200C / 400F  
210C / 410F  
220C / 425F  
230C / 450F  
240C / 475F

## OVEN (FAN)

160C / 315F  
170C / 325F  
180C / 350F  
190C / 375F  
200C / 400F  
210C / 410F  
220C / 425F

## AIR FRYER

140C / 275F  
150C / 300F  
160C / 315F  
170C / 325F  
180C / 350F  
190C / 375F  
200C / 400F

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Cooking guides are for reference only, and may not be suitable for all cooking methods, recipes or appliances. Ensure food is thoroughly cooked before serving.